

♥ BOOKS I LOVE ♥

Moody Cow Meditates by Kerry Lee MacLean
Breathe Like a Bear by Kira Willey
Good night Yoga by Mariam Gates
Good Morning Yoga by Mariam Gates
I am Yoga by Susan Verde
I Am Peace by Susan Verde
Happy by Nicola Edwards
My Magic Breath by Nick Ortner and Alison Taylor

♥ MUSIC I LOVE ♥

Dance for the Sun: Yoga Songs for Kids by Kira Willey
Little Box of Happy by Bari Koral
Rainbow Walk by Shakta Khalsa and Checka Antifonario
Happy by Shakta Kaur Khalsa

♥ WEBSITES I LOVE ♥

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